



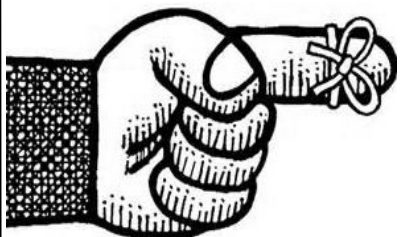
FESTUS FOCUS

City of Festus
(636) 937-4694

Festus Focus also available at
www.cityoffestus.org

August 1, 2015

For more information 24 hours a day go to www.cityoffestus.org.



HELP!!!

The City has received complaints of flooding storm sewers recently and the crews have found that a big factor in this issue has been grass clippings in the storm drains. It is against city ordinance to place leaves, grass, and limbs in or on ditches, city streets, and city storm sewers. The trash company provides free yard waste pick up once a month. There is also a yard waste container at the City's maintenance garage located at 500 Ridge Ave. You must be able to unload your vehicle and get the yard waste into the containers as there is no one available to help you do that. This area is open Monday to Friday from 7:30am to 3:30pm.

WEST CITY TRASH & TREASURE EXPO 2015

Start cleaning out closets, garages, sheds and under the beds to get ready for the West City Trash & Treasure Expo 2015! On Saturday, Oct. 24 the City will be hosting a yard sale at the Ball Field Complex in West City Park. 12'x12' spaces will be available to rent for the Expo. Multiple spaces may be rented. Selling space is \$10 for residents and



non residents \$15 per for everyone who has salers, crafters, etc! selling along with your tents and whatever sell out! There will available. The sale of or weapons will not selling any kind of food items must comply with all regulations set by the Jefferson County Health Dept 636-789-3372 (ext. 129). Vendors can set up between 7-8am and the gates will be open to the public from 8am - 1pm.

A items to sell - yard
N Bring what you are
D own tables, shade
else you will need to
not be any electric
vehicles, vehicle parts,
be allowed. Anyone



School starts on Tuesday, August 18. Be extra aware of children walking to and from school and buses picking up and dropping off children in the mornings and afternoons.

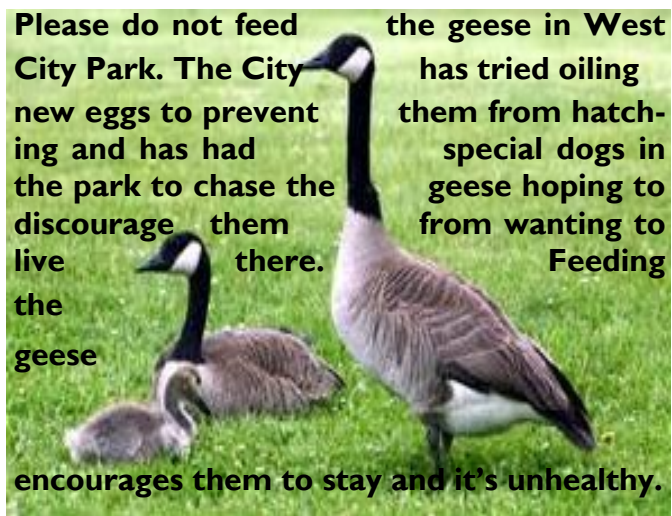
Exercise Your Mind and Body at the Library

Summer might be coming to a close, but we haven't cooled down at the library. Did you know we have a Fitness Club that is perfect for every age? Ask at the desk for an activity log and mark off some fun and healthy activities, like visiting a park, checking out healthy meal cook books, and check out our new Fitness Kits. We have Kits for adults and kids with workout DVDs and equipment available for you to try at home.

Tuesday, August 18, 5:30 pm – Nutrition 101

This single session, one hour class reviews the basics of diabetes and self-management through nutrition. Participants will learn how to manage blood glucose levels through education on carbohydrate counting, label reading, shopping, and food preparation. An excellent review for anyone living with prediabetes, diabetes, or caring for someone with diabetes.

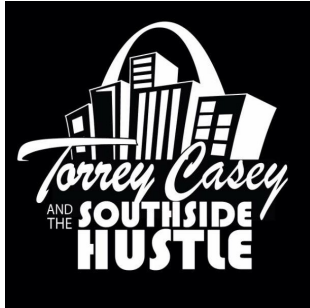
Please do not feed the geese in West City Park. The City has tried oiling new eggs to prevent them from hatching and has had the park to chase them live there. discouraging them there. Feeding the geese encourages them to stay and it's unhealthy.



- **Council Meetings** -- August 12 and 26 at 7pm
- **Park Board** -- August 27 at 6pm
- **P & Z Meeting** -- August 20 at 6:30 pm
- **Library Board** -- August 6 at 6pm
- **Court in Session** -- August 11, 18, and 25 at 6pm

It's Time to Dust Off Your Dancin' Shoes!

The Gazebo and Fairgrounds (2200 Sunshine Dr.) at West City Park will be the place to be on Saturday, August 8th at 6pm when the 2015 Blues and Funk Festival kicks off with Al Holiday and the East Side Rhythm Band opening for our home town boy, Torrey Casey & the Southside Hustle. This event is



sponsored by the Friends of the Festus Parks, Festus Park Board, and the Tourism Commission. It is sure to be a lot of fun again this year! Kids can enjoy the Tekno Bubble



Bus from 7:30 - 10:30 pm. The bus will create black light bubbles in the dark and is a huge hit with the little ones! The Friends of the Festus Parks will be sponsoring the beer tent with proceeds

going towards playground equipment and shade cover for play areas. Texas Roadhouse will be serving food and special drinks again. New for 2015 is the "Lets Scream Ice Cream" truck for those of you with a sweet tooth. For the first time there will be a 5K run sponsored by the Rotary and Kiwanis Clubs. The run will start at 8:30 pm with a \$20 entry fee. 100% of proceeds will go to support local charitable efforts through Rotary and Kiwanis Clubs. Bring your Mardi Gras beads, running and dancing shoes, and let the party begin!!



PICKLEBALL ROCKS™

Pickleball fever is hitting Festus! Question is – what is pickleball? Pickleball is a court game that combines elements of tennis, badminton, and ping pong that was invented in 1965 near Seattle, WA. A pickleball court is the same size as a doubles badminton court – 20'x44' and the same size court is used for a singles or doubles match. The net is 36" at the sides and dips to 34" at the center point. To play pickleball you will need a paddle, which is smaller than a tennis racquet, but bigger than a ping pong paddle, the net, and a ball which is similar to a wiffle ball, comes in a variety of colors and can be slightly different depending on if the game is to be played inside or outdoors. Only the serving team can score. Most games play to 11 points, but tournaments can specify 15 or 21 points to win. All wins must be by 2 points. A coin toss determines who serves first. More information can be found at www.usapa.org. Locally, people can play indoors at the YMCA Tuesdays and Wednesday from 6p-9p and Fridays from 6p-7:30p. Members pay \$2 per session or \$20 for a month of unlimited play. Non members will pay \$15 per session or \$40 for unlimited play a month. A group of city residents has organized and formed a not-for-profit group (Jefferson County Pickleball League) whose goal is to bring pickleball to Jokerst Park. They have cleaned around the old skate park, repaired the cracks, and hired a company to seal the asphalt. At the beginning of July the group began hosting regular hours to make the courts and their equipment available to anyone who wants to play. The courts are available Monday-Friday from 8a-11a and 5p-8p (depending on available natural light). They are looking into the possibility of hosting a tournament during Twin City Days and a tournament in the fall. If you have any questions about the league or to join in the fun, contact Jim Berger at 933-4979.



Sept 10-12 Twin City Days **SEPTEMBER FUN**

For more info go to www.TwinCity.org.

Sept 12 Jefferson Co Sheriff's Dept softball tournament benefitting Baskstoppers at West City Park. Contact Tom Harster (314-605-6199) for more info

Sept 19 FHS Cross Country Meet in West City Park. Contact Festus School for more info 937-5946

Sept 19 5th Annual Car Cruise on Main St 6-8pm.

www.CityofFestus.org for more information.

Sept 26 FHS softball tourney in Sunset Park. Contact Festus School for more information 937-5946

Sept 26 & 27 Traditional Music Festival with emcee George Portz at West City Park.

www.CityofFestus.org for more information.